

Jane Nelson Worel MS, APRN-BC, APNP

Jane Nelson Worel MS, APRN-BC, APNP is the Manager of Outreach and Education and Coordinates the Cardiovascular Disease in Women Program at the Meriter Heart & Vascular Hospital, in Madison, Wisconsin. She currently serves as the Meriter site coordinator for the VIRGO trial, an NIH funded trial established to better understand the variations in recovery and outcomes after AMI in young men and women.

Jane is an Adult Nurse Practitioner with over ten years of experience in Preventive Cardiology. Areas of clinical interest include women and heart disease and the management of patients with complex dyslipidemia, hypertension and metabolic syndrome. She has spent most of her career involved in cardiac rehabilitation and health promotion programs in administrative and program development roles. She is a 3-time graduate from the University of Wisconsin, Madison with both MS and BS degrees in Nursing and an MS in Clinical Exercise Physiology. Ms. Nelson Worel has been a member of PCNA since 1995 and the past Chair of the Great Plains Region of PCNA. She was elected to the Board of Directors in 2004 and currently serves as the organizations President. Ms. Nelson Worel is a Fellow of the American Association of Cardiovascular Rehabilitation. She has been active in AACVPR on the local, regional and national level for many years. She is a professional member and Fellow of the American Heart Association and serves on the National Physical Activity and Metabolism Council's Obesity Committee.