

Board of Directors Biography
Lola Coke, PhD, APRN-BC, ACNS

Dr. Lola Coke is an Assistant Professor in Adult Health Nursing at Rush University College of Nursing in Chicago, Illinois. Dr. Coke has worked as a cardiovascular nurse for 30 years; 15 as a Cardiovascular Clinical Nurse Specialist. Her acute care experience ranges from intermediate cardiac critical care to care of post open heart and peripheral vascular surgery patients. Her research area of interest includes the impact of resistance training on household physical activities and quality of life in women experiencing cardiac events. She was awarded an Albert Schweitzer Fellowship in 2001 and developed a “Healthy Heart” program for underserved African American women, continuing the program for two years, and currently serves on the Advisory Council for the program. In 2006 she received the “Martha Hill New Investigator” Award from the Council on Cardiovascular Nursing, American Heart Association for her resistance training research. In addition, Dr. Coke works as a physical activity interventionist using telephonic motivational interviewing (MI) on an NIH funded study examining physical activity in caregivers of loved ones with Alzheimer’s Disease and is certified in MI. Dr. Coke is a member of the AHA Council on Cardiovascular Nursing, AACVPR, ACSM and serves on the Advisory Council of the Chicago Albert Schweitzer Fellowship Program. Dr. Coke’s passion is to develop culturally sensitive, literacy appropriate materials to teach underserved populations about cardiovascular risk factor reduction and to develop creative and effective methods to begin educating patients in the acute care setting.