Riding Out the Perfect Storm in Psychiatric Nursing Education

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DISCLOSURE
- The speakers have no conflict of interest to disclose.
- This session will be recorded and available on the APNA eLearning Center.
Learning Objectives

1. Describe the necessary revisions to the curriculum which will enable the professional development of psychiatric nurses for transformative care in behavioral health.

2. Explain the advantages, and how to overcome the challenges, of clinical placements in non-traditional psychiatric settings.

3. Discuss opportunities for collaborating in interprofessional teams.

Overview

- Overview of forces for curriculum change
- New behavioral health core competencies
- Curriculum re-design and models
- Innovative clinical placements
- Strategies for interprofessional collaboration
- Q & A/Discussion

A Perfect Storm!

- Incentivizing forces for changing the psychiatric nursing curriculum
- Challenging forces to overcome
- New initiatives coming from all directions
Incentivizing Forces for Change

- Expanded access to mental health care through the Affordable Care Act (ACA)
- Parity for mental health services
- Recent discoveries in neuroscience and use of advanced technology in diagnosis and treatment
- Emphasis on evidence-based therapies
- Primary care initiatives (Medical Home concept, ACA)
- APRN Consensus document

Challenges to Overcome

- Workforce scarcity issues - faculty, practitioners, clinical sites
- Overstuffed curriculum with less space for psychiatric nursing content and experience
- Pressure to provide integrated care within interprofessional teams
- Competition with other mental health professionals - social workers, psychologists
- Increase in special needs populations - more elders, veterans, immigrants

Delaney, Robinson, Chafetz, 2013

New Initiatives

- Every nurse is a psychiatric nurse!
- Problem-oriented therapy
- The Recovery Model
- Peer Support Services
- Trauma Informed Care
- Behavioral Health Core Competencies

Behavioral Health

Definitions:
Behavioral health encompasses prevention, intervention and recovery from mental health and substance abuse conditions, focusing on promoting behaviors that support health and wellness.

Core competencies apply to the majority of providers involved in integrated care.

(Hoge et al, 2014)

Behavioral Health Core Competencies

Categories

I. Interpersonal communication (9)
II. Collaboration and teamwork (18)
III. Screening and assessment (11)
IV. Care planning and care coordination (11)
V. Intervention (18)
VI. Cultural competence and adaptation (6)

(Hoge et al, 2014; IOM, 2011)

Behavioral Health Core Competencies

VII. Systems oriented practice

VIII. Practice-based learning and quality improvement

IX. Informatics

(Hoge et al, 2014)
Psychiatric Nurse

- “Storm” provides opportunity to educate psychiatric nurses in transformative care in behavioral health settings

- Research shows advanced practice psychiatric nurses:
  - Are highly effective in treating depression, with very high patient satisfaction ratings (Parrish, Peden, Staten, Hall, & Danner, 2013)
  - Require only 30-minute appointments compared with the typical 60-minute appointment no-show (Schaumber, Narayan, & Wright, 2013)

Psychiatric Nursing Students:

- Step-up to meet the challenge of clinical education placements in non-traditional psychiatric settings

- Present a challenge with high expectations of preceptors with professional and personal competencies and skills (Temane, Poggenpoel, & Myburgh, 2014)

- Need to learn to confront the challenge of less traditional, more behaviorally complex, patients (Mason, Cardell, & Armstrong, 2013)

Psychiatric Nurse (Oakley)

- Behavioral health core competencies, Affordable Care Act, interprofessional teams, and an overstuffed PMH-NP curriculum

- Lions, tigers, and bears, oh my (Dorothy)
Primary Care
PMH-NP
Primary Care Medical Home, with a Behavioral Health Care Team of psychologists, a consulting psychiatrist, and me!

Education Innovation
- PMH certificate program: train FNs to be PMH-NPs in three semesters
- Curriculum: Complex patient presentation, DSM changes, industry stakeholders in mental health care
- Challenge: To learn to practice clinical role of PMH-NP and maintain the humanism and quality of care delivered, while keeping the uniquely nursing approach to care
  (Flaskerud, 2012)

Education Innovation
- Research shows PMH-NPs:
  - Deliver effective psychosocial interventions
  - Take an active part in managed mental health care
  - Engage in effective partnerships with non-PMH providers
  - Provide consultation
  - Are more economically viable in community settings
  (Fung, Chan, & Chien 2013; Pearlman, 2013)
Our Challenges

- **Vision**: Where are we? Where we would like to be, or where we maximize our contributions?

- **Practice**: New incentives, but are stuck reimbursement systems and old physician preferences continuing practice barriers for qualified APNs? (Nardi, 2010)

- **Students**: What are graduates concerns? Survey of graduates identified diagnosing, psychopharmacology, prescribing (Delaney, Ramirez, & Drew, 2009)

Our opportunities

- **Home based care for persons living with serious mental illness and HIV showed advanced practice PMH nurses significantly improved depression and physical health related quality of life**
  (Hanrahan, Wu, Kelly, Aiken, & Blank, 2011)
Why Bother?
1. More people than ever before are receiving behavioral health care in the US, but gaps and challenges remain (Mechanic, 2014)
2. People living with SMI have complex care needs that primary care settings might be unable or unwilling to offer necessary services (Mechanic, 2014)
3. Psychiatric nurses are the only MH care professionals who can deliver psychiatric nursing care anywhere

How do we change the curriculum?
- Let go of old stuff to make room for new content
- Exert leadership across all levels
- Solicit support from the community
- Provide faculty development
- Develop assessment and evaluation tools
- Give plenty of positive reinforcement
- Seek consensus as the decision-making model
- Value the contributions of all

Let’s Get Started!
If we are teaching as we were taught, then we’re preparing students for a health care system that no longer exists!

So let’s get creative!!
References


Your Turn

Questions ??

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