ADVANCING MENTAL HEALTH RECOVERY

LESSONS LEARNT FROM THE TRANSFORMATION OF AN INPATIENT UNIT

Presenters:

- MaryBeth Cassidy, MSN, APRN-BC
- Sandi Jensen, BSN, RN

Disclosure information: Speakers have no conflict of interest to disclose for this presentation.

Learning Objectives:

1. Examine critical processes utilized and lessons learned during the process of transforming inpatient care into interdisciplinary recovery based treatment
2. Recognize the significance of nursing leadership in ensuring implementation of recovery principles in direct care
3. Examine the role of nurse practitioner as team leader/hospitalist on an inpatient psychiatric unit
Psychiatric Recovery and Wellness Program (PRWP)

- Veterans Administration Hospital in Topeka, KS
- 20 bed continued care inpatient unit
- Average length of stay: 4-6 weeks

Catalyst for Change

- Increased recidivism rate
- SAMHSA initiatives
- Outdated treatment focus
Transformation Process

- Formulation of a new vision
- Administrative support
- Development of interdisciplinary team and roles
- Change in treatment culture
- Utilizing staff resources
- Persistence in gaining trust
- Dedication to the new vision
Nurse Manager Role

- Assess existing assets
- Gain staff buy-in
- Develop educational plan
- Coach

Staff Nurses

- Gain understanding of the new vision
- Develop psycho-educational groups
- Adjust to change
- Resistance to new model and vision

Nurse Practitioner Role

- Provide interdisciplinary clinical leadership
- Accountability for program decisions
- Persistence in pursuing the vision
- Team building
Lessons Learned

- Limited resources
- Staff resistance
- Varying degrees of investment
- Program evaluation
- Patient feedback
References