Interprofessional Model of Geropsychiatric Care in a Program of All-inclusive Care for the Elderly

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Disclosure Slide
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Objectives
Participants will be able to...

• Describe two features of interprofessional care practiced in PACE programs
• Identify three mental health concerns faced by PACE program participants
• Describe two unlikely team members within the interprofessional Geropsychiatric model in a PACE program
• Report outcomes measures for the Interprofessional Geropsychiatric Model in a PACE program
LIFE is a PACE Organization

PACE is a Program of All-inclusive Care for the Elderly

A capitated benefit authorized by the Balanced Budget Act of 1997 that features a comprehensive medical and social service delivery system and integrated Medicare and Medicaid financing.

www.NPAonline.org

The health system poses a complex maze to the elderly; they are treated by multiple physicians with little coordination of care

LIFE's comprehensive care provides a "medical home" and total care coordination, delivered at home/LIFE Center

Penn Nursing’s LIFE Program

- Only Academic Based PACE Program
- Nurse Practitioner Based Primary Care, Interprofessional Team Care
- Serves 430 Members, 24 Hours Day, 7 Days/Week
- 97% African-Americans, 80% Women, all Dual Eligible
- Highest Frailty Index in State, Lowest Hospital and Nursing Admission Rate (13.2%), average age 79.4 years
- High percentage of older adults with Serious mental illness (7.6%) neurocognitive disorders (42.5%) and Depression (38.9%)
- Depression treated by primary care initially referrals if tx isn't effective.
Semantics

- Multidisciplinary: Combining several usually separate fields of expertise
- Interdisciplinary: Involving 2 or more professions technologies or departments
- Interprofessional: 2 or more professions working together as a TEAM with a common purpose commitment and mutual respect.

LIFE UPenn InterProfessional Behavioral Health Model

- Nurse Practitioner Model of Care
- Consulting Geropsychiatrist
- Social Work
- Chaplain
- Nursing and Primary Care NPs
- Recreational Therapy
- Home Care Nurses
- Van Drivers and Caregivers
- Occupational Therapy

Assessments

Routine
- MMSE
- GDS

Specialized post referral
- One ETGQ Question
  - AUDIT
- MoCA
- SLUMS
- PHQ-9
- Suicide Risk
- GAD-7
- PTSD Screening
- Capacity
Location, Location, Location!

Co-located in Primary Care Clinic
Next to Chapel and Therapy
Imbedded in Circle of Care

Groups offered at LIFE

- Men’s Group
- Women’s Depression Group
- Caregiver support Group
- Loss and Bereavement
- Blind Group

Antipsychotics and Anxiolytic use

<table>
<thead>
<tr>
<th>Month</th>
<th>Antipsychotic Use</th>
<th>Anxiolytic Use</th>
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<tbody>
<tr>
<td>April</td>
<td></td>
<td></td>
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<tr>
<td>June</td>
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<td>Dec</td>
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New Suggested benchmark on antipsychotics and anxiolytics.
### Educational Offerings to Staff

<table>
<thead>
<tr>
<th>Topic</th>
<th>Audience</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>Serious Mental Illness</td>
<td>Caregivers, then Professional</td>
<td>NP</td>
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<tr>
<td></td>
<td>Staff</td>
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<tr>
<td>Cognitive Evaluations</td>
<td>Nursing and Social Work</td>
<td>NP</td>
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<tr>
<td>Capacity Evaluations</td>
<td>Nursing, Social Work, Physicians</td>
<td>Psychiatrist</td>
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<td>Trauma Based Care</td>
<td>Nursing, NPs, Physicians, Chaplain, and Social Work</td>
<td>Social Work</td>
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<tr>
<td>Management of Anxiety</td>
<td>Physicians and NPs</td>
<td>Geropsychiatric Fellow</td>
</tr>
</tbody>
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### Emerging Challenges

#### Dual Diagnosis
- Trauma (PTSD and Physical) and substance misuse
- Depression and substance misuse
- Substance of choice changes
  - ETOH
  - Cocaine
  - Heroin
  - Narcotics

#### Reimbursement
- Bundled payment system
- Declining reimbursement at the state and federal level
- Complexity of patient needs

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