Psychiatric Nurse Practitioner Residency

Mimi Meiselman CNS, NP
Hines VA Hospital
University of Illinois Chicago

No commercial support to disclose.

- Personal Experience
- APNA discussion
- Internships for other disciplines
- Primary Care NP residency
- Discussion with NP educators

How the Concept Evolved

- Rationale/Literature Review
- Pilot Program
  - Goals
  - Partnership
  - Preceptorship
  - Research
  - Characteristics
- Challenges and Benefits

Objectives
• Evidence that the US is short 45,000 psychiatrists.

• Mental health spending is predicted to drop 8% in 2011.
  http://www.Treatment.stateline.org

Rationale

• Health care reform proposes nursing education evolve to meet the new demands of health care
• Expectations for Psychiatric Mental Health Nursing to grow over next 10 years
  www.iom.edu/reports/2010

Rationale

• Interest in moving towards a competency based approach to NP education via clinical hours
• Need consistency – in role preparation across programs, organizations and agencies
• Employers can sponsor/permit employees to get advanced degrees and then provide them with preceptorship during residency

Rationale
ANCC requires 500 faculty supervised clinical hours (roughly 63-8 hour days) to practice and integrate health assessment, pharmacology and pathophysiology, health promotion, disease prevention/management and at least 2 psychotherapeutic treatment modalities.

www.nursecredentialing.org/certification/eligibility/category/adultpsychiatricmentalhealth eligibility.aspx

**Educational Requirements for Psychiatric NP**

- Is this enough time to gain competence?
- Clinical settings often variable-no standardization
- Psychotherapeutic treatment modalities vary

**Concerns**

**NP Residency Program**

Pilot Program Goals:
- Theoretical model
- Allow time for NP to perfect competencies
- Transition to practice period
- Enable feedback, coaching, mentoring, peer evaluation, supervision
- Offer research opportunities with use of EBP


www.nurse-anesthesia.org/showthread.php/12057 Overhauling Nursing Education
Partnership

- Graduate Educational Institution
- Comprehensive Mental Health Center which fulfills competency criteria
- Preceptors on staff at both institutions
- Common goal of providing expert MH care-values must be in agreement

Preceptorship

- NPs precept NPs
- Participation, repetition and reinforcement strengthen and enhance learning
- Immediate use of information and skills enhances retention
- Variety in learning increases interest, readiness to learn enhances retention

Research

- Clinical practice and educational expectation standardization is vital.
- Clinical competence influences use of evidence based practice, EBP influences competence/improves outcome

References:
Theoretical Model
Patient
Education
Treatment
Profession

Research

Intake and evaluation
Outpatient Services
Inpatient Treatment
Consultation
Research
Primary Care

Program Characteristics

Challenges
• Prioritize patients
• Financial barriers
• Preceptor workload
• Communication between systems
• Liability
• Psychiatrist Acceptance
• Differing states/licensure requirements/credentials
• Global standardization
• Employer Needs
• Concept is evolving
Patients
Students
Systems-Educational and Hospital
Research
Health care system –financial, prevention, improved outcomes
Refresher clinical experience option may be proposed
NP Profession

Benefits

Bibliography

http://www.npresidency.com/
www.Treatment.stateline.org
www.iom.edu/reports/2010
Happell, Fairman, Burns, Buerhaus, Altier, Aiken, NP Refresher
Health Research Systems Students Patients

THANKS