Objectives

- List the requirements for the seven learning formats approved for AMA PRA Category 1 Credit™.
- Apply the knowledge gained regarding AMA PRA core and format-specific requirements to the process of appropriately certifying activities and awarding AMA PRA Category 1 Credit™ to physicians.
- Answer questions about the AMA PRA credit system and why AMA PRA Category 1 Credit™ is important to physicians.
- Access available resources to obtain more information about the AMA PRA credit system.
Mission of the AMA

Promote the art and science of medicine and the betterment of public health

AMA PRA Credit

• Established in 1968 as metric to be used for AMA Physician’s Recognition Award (PRA)
• The AMA owns the AMA PRA credit system
• Requirements for the AMA PRA credit system are set by the AMA Council on Medical Education
• Other physician credit systems include:
  – American Academy of Family Physicians (AAFP)
  – American Osteopathic Association (AOA)

AMA PRA Credit

• Organizations may certify an educational activity for AMA PRA Category 1 Credit™ if:
  – The activity complies with all AMA PRA requirements, and
  – The organization is accredited by either the ACCME or a recognized state medical society
• The AMA does not charge either the accreditors or the accredited CME providers for this privilege
• The AMA does not preview CME activities
• The AMA may rescind the privilege to award AMA PRA credit if an accredited organization fails to comply with AMA PRA requirements
AMA Definition of CME

CME consists of educational activities which serve to maintain, develop, or increase the knowledge, skills, and professional performance and relationships that a physician uses to provide services for patients, the public or the profession. The content of CME is the body of knowledge and skills generally recognized and accepted by the profession as within the basic medical sciences, the discipline of clinical medicine and the provision of health care to the public.

(HOD policy #300.988)

Certified CME

Definition:

1. Nonpromotional learning activities certified for credit prior to the activity by an organization authorized by the credit system owner, or
2. Nonpromotional learning activities for which the credit system owner directly awards credit

Apply The Principle
...the basic definition of CME

• A course on electronic medical records –most likely yes
• A business meeting of your association -most likely no
• An educational session on scientific data on acupuncture -most likely yes
AMA PRA Credit

- AMA PRA credit is only earned by physicians defined as:
  - MDs
  - DOs
  - Equivalent medical degree from another country (http://ecfmg.org/creds/refgde.html)

Apply The Principle
...earning CME credit

- A course is certified for AMA PRA Category 1 Credit™ and is attended by physicians and physician assistants. Yes, credit for physicians Participation certificates for physician assistants

Categories of AMA PRA Credit

- AMA PRA Category 1 Credit™
  - Certified and awarded by accredited CME providers
  - Awarded directly by the AMA
- AMA PRA Category 2 Credit™
  - Self-claimed and documented by individual physicians
Core Requirements for all Learning Formats

1. Conform to AMA’s definition of CME
2. Address demonstrated educational needs
3. Communicate to participants a clearly identified educational purpose/objectives
4. Designed using appropriate AMA approved learning formats; credit based on the format
5. Content appropriate in depth and scope for intended physician audience

6. Planned in accordance with relevant CEJA ethical opinions and ACCME Standards for Commercial Support; nonpromotional (www.ama-assn.org/go/ceja)
7. Evaluate effectiveness in achieving purpose/objectives
8. Document credits claimed by physicians
9. Certified for AMA PRA Category 1 Credit™ in advance of activity
10. Include the AMA PRA Credit Designation Statement in activity materials

Apply The Principle
...the core requirements

- A course on the roles of the healthcare team at the end of life- most likely yes
- A course on bedside nursing care at the end of life-most likely no
- Faculty who make full disclosure of commercial relationships- most likely yes
AMA PRA
Credit Designation Statement

• Indicates that activity has been certified as being in compliance with AMA PRA requirements

• The [name of accredited CME provider] designates this [learning format] for a maximum of [number of credits] AMA PRA Category 1 Credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

  – Rationale – Addition of learning format clarifies to physicians and organizations that require credit that the activity was planned to meet the AMA’s requirements for the specific activity type

AMA Approved Learning Formats

1. Live activity
2. Enduring material
3. Journal-based CME activity
4. Test-item writing activity
5. Manuscript review activity
6. PI CME activity
7. Internet Point of Care activity

Learning format:
Live Activity

• Occurs at a specific time as scheduled by the accredited CME provider

• Includes
  – Courses
  – Regularly scheduled conferences
  – Live internet
  – Simulation workshops
Learning format: Live Activity (cont)

– Credit calculation is based on time that physician participates; 60 minutes = 1 AMA PRA Category 1 Credit™ (credit can be claimed in quarter-hour or 0.25 credit increments)

• Faculty credit may be awarded for preparing and presenting an original presentation in a 2:1 ratio to presentation time

Apply The Principle

...live activities

• A hospital noon conference where patient cases are discussed- yes
• A hands-on workshop where a clinical procedure is demonstrated- yes
• A webinar where learners log on and listen to a didactic presentation in real-time- yes
• A structured group discussion around a journal article- yes

Learning format: Enduring Material

• Activity that endures over a specified time
  – Provide clear instructions to learner on completion of activity
  – Provide access to bibliographic sources
  – Provide an assessment of learner that measures achievement of purpose/objectives with minimum performance level required for credit
    • Rationale - Brings consistency to what is already a frequent practice; strengthens confidence that physicians have assimilated the content and met the objectives.
  – Credit calculation based on time it takes average target audience to complete; 60 minutes = 1 AMA PRA Category 1 Credit™
Apply The Principle

...enduring material

- An audio tape of a didactic presentation made from a larger conference session - yes
- A webinar recording - yes
- A multi-part course that includes viewing online video and reading materials - yes
- A printed monograph - yes

Learning format:
Journal-based CME

- Article, within a peer-reviewed professional journal, certified for credit prior to publication
  - Peer-reviewed article
  - Provide an assessment of learner that measures achievement of purpose/objectives with minimum performance level required for credit
    - Rationale: Brings consistency to what is already a frequent practice; strengthens confidence that physicians have assimilated the content and met the objectives.
  - Individual articles are certified for 1 AMA PRA Category 1 Credit™ (not time-based)

Apply The Principle

...journal-based CME

- A clinical article published in a medical journal that was selected by physician reviewers - yes
- A clinical article from a pharmaceutical trade journal - no
Learning format:
Test Item Writing

- Physicians learn through contributions to development of high-stakes examinations or certain peer-reviewed self-assessment activities
  - Be developed only for:
    - NBME examinations
    - ABMS member board certification examinations
    - National specialty society peer-reviewed, published, self-assessment examinations
  - Depth and scope that requires review of literature and evidence base
  - Includes participation in a group peer review process
  - Completion of process certified for 10 AMA PRA Category 1 Credits™ (not time-based)

Apply The Principle
...test item writing

- 8 physicians are each asked to write 12 questions that will test knowledge for the NBME- yes
- Your regional hospital creates a provider self-assessment tool- no

Learning format:
Manuscript Review

- Physicians learn through the critical review of an assigned journal manuscript
  - Reviewed article must be submitted to a journal indexed in MEDLINE
  - Manuscript must be original article requiring multiple reviewers
  - Depth and scope that requires review of literature and evidence base
  - Credit only awarded for acceptable reviews
    - Rationale - Provides consistency that credit is awarded to physicians that fully participate in activity in a meaningful way
  - Certified for 3 AMA PRA Category 1 Credits™ (not time-based)
Apply The Principle

...manuscript review for journals

- A group of physicians are each assigned to a process whereby they review original manuscripts prior to being published, they document their review and the designated editor accepts the review - yes

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Learning format:
Performance Improvement CME (PI CME)

- Long-term three-stage process based on evidence-based performance measures
- May address any facet of physician practice with direct implications for patient care (structure, process, or outcome)

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Learning format:
PI CME

- 3 Stages
  - Stage A: Current practice performance assessment
  - Stage B: Application of PI to patient care
  - Stage C: Practice performance re-assessment after the PI CME effort

Physician must begin with Stage A
- Rationale: Ensures that a physician has done an assessment of practice to determine baseline and his/her performance that needs to be improved
- Certified for 20 AMA PRA Category 1 Credits™; physician awarded 5 credits for each stage if only Stage A, or Stages A and B, are completed
Apply The Principle

...Performance Improvement- CME

- A physician conducts an analysis of his practice performance data on patients admitted with pneumonia in the past 12 months compared to a PCPI performance measure on Community Acquired Bacterial Pneumonia - yes (Stage A)
- A physician attends a live activity on the diagnoses of pneumonia and implements the information into his practice - yes (Stage B)

Apply The Principle

...Performance Improvement- CME

- The physician determines that the delay in starting the appropriate antibiotic is that there is a wait for the blood cultures to be done in the ER because at night there is only one phlebotomy tech on duty. The physician works with the ER to train the ER nurses to draw the blood cultures themselves and avoid the delay (Stage B)

Learning format:
Internet Point of Care (PoC)

- Structured activity in which physician engages in self-directed, online learning on topics relevant to practice
  - 3 stage learning cycle must be completed
    1. Review clinical question
    2. Identify relevant sources
    3. Describe application to practice
  - Certified for 0.5 AMA PRA Category 1 Credit™ for completion of each cycle
Apply The Principle

...Internet Point of Care CME

- MD follows a specific process directed by an accredited provider related to a specific clinical question—most likely yes (if 3 step cycle is present & vetted sources)
- Librarian conducts a subject search at the request of MD—no
- MD randomly searches and reads internet source documents—no

AMA Trademark phrase

“AMA PRA Category 1 Credit™”

- Phrase trademarked in 2006 to:
  - Protect the integrity of credit system
  - Protect accredited providers and physicians
  - Protect legal standing when challenged
- Complete phrase in italics with trademark symbol
  - Required whenever it is used in publications, AMA credit designation statement, certificates or documentation for participants
  - Complete phrase is always required—never use just ‘Category 1’

Documentation provided to physicians participants

- Must accurately reflect:
  - Physician’s name
  - Name of accredited CME provider
  - Title of activity
  - Learning format
  - Location of activity (if applicable)
  - Date(s) of live activity or date that physician completed the activity
  - Number of AMA PRA Category 1 Credits™ awarded
AMA Approved Learning Formats

1. Live activity
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Question & Answer Segment

Please enter your question in the chat box on the lower left side of your screen. Be sure to click on the “Send” button

Resources

- Division of Continuing Physician Professional Development (CPPD)
  - www.ama-assn.org/go/cppd
- AMA PRA credit system
  - www.ama-assn.org/go/pracredit
  - www.ama-assn.org/go/prabooklet
- Resources for physicians
  - www.ama-assn.org/go/cme
- Information for CME providers
  - www.ama-assn.org/go/cmeprovider
- AMA CPPD Webinars
  - www.ama-assn.org/go/webinarscppd